



# Ways to Support Language at HOME

## ROUTINES

- Talking through daily tasks (brushing teeth, dressing, washing hands)
- Asking anticipatory questions ("what do we do next?")
- Combining sounds or songs with activities (SPLASH, BOOM, toothbrush song)
- Teaching new vocabulary during daily activities (nouns, verbs, prepositions,)



## LAUNDRY

- Sorting colors
- Single + Multi step directions (in/on/out)
- Describing sizes/shapes (big/little/circle)
- Matching
- Labeling object + function (washer = washing, dryer = drying)



## MEALTIMES

- Setting the table (labeling/identifying utensils)
- Pronouns (your fork/my fork/his/hers)
- Single-step directions (in/out/off/beside)
- Multi-step directions (put your garbage in the bin, then put your plate in the sink)
- Describing temperatures (cold, hot)
- Food preparation

## BONUS: FAMILY TIME



- Family games (UNO, I Spy, Headbands)
- Look for the family member ("Where is \_\_?" "Let's go find \_\_!")
- Labeling directions during play (up/down/around)
- Conversation during mealtimes
- Consider bubble machines, water play, and additional sensory activities for infants and toddlers!